

Mental health Task force meeting held March 14th 2016

People who came are

Billie, Jackie, Shana, Karen S, Jason, Judy, Pastor, Elaine, Dolly, Lisa, Jamie, Karen O.

Billie called the meeting to order at 11:20 a.m. Has everyone had a chance to review the minutes and agenda.

Pastor made a motion to approve the agenda and Karen second it agenda has been approved.

Pastor made a motion to approve last month's meeting minutes. Karen seconded the motion. Minutes have been approved.

Current events: Jackie has been very busy this month working with Facebook and Pastor has been very busy this month Everybody has been very busy this past month who would like to start. Jamie wants to start. Update on children's mental health, She did a radio interview On Thursday talks about the task force as well Caroline's cart our Meetings and mission statement. Jackie and I are going to put a package together for the police department to get them training. Duluth got a really cool car for autism. In May we're going to develop survey questions. Jamie also got them to do an Adaptive karate class. We just need 4 kids to join up to 8. That is K-12. We are going to focus on ADHD to help get their energy out. She is also still working on an adaptive Minecraft class because the one we have filled so up fast. So we are looking for someone who would be like to find someone to traine in Minecraft. Jamie started her training as a peer support specialist down in the cities. She said it was really awesome and they're working on a scholarship to get her into the youth and children conference the end of April at the deck. Jamie should be a trained peer support specialist in May depending on how her National Training goes because her application for that is really thick. For April's sub meeting Jody from family voices is coming to talk about family voices and we could set up a training with her if we would like to become a mentor. So would 1 o'clock be a good time to meet for the sub meeting on April 4th for the children part of it. Pastor thinks it would be good to keep that time so we can report on changes with the children's mental health and still be able to have time for our sub meeting as well. We all agree that having a time set aside for the children's mental health would be a good idea. So 1pm for children's and 2 pm for sub meeting for mental health at HDC on April 4th. Pastor would like us to find a way to publish Jamie's radio interview. So we can reach more people. Jamie is going to try and figure out how to get the link and will share on the facebook page and to emails if requested. Jamie also gave an update on the autism awareness event, lots of great things going on. We are looking for volunteers to help show that we have the community support. It's going to be a free event and popcorn.

Pastor reported that he found an article that children with autism are 5 to 14 times more likely to drown because they are attracted to water. So maybe one to look into for an adaptive class.

Jamie's goal is to have 3 adaptive classes with community ed next year. Just need a teacher that is willing to teach them.

Jackie updated with Facebook. We have a little over 300 friends on just the task force page.

I Login to it daily try to add anyone from two harbors and post either happy sayings or quotes and some resources that I found that may be helpful. I also created a support group for those who would like to talk without being judged. Jamie is going to add her story. Its for everyone. I also created a secret group for just that task force members to talk. It just gives us another way to talk with each other. It hiding so only people i add will see it you can't search for it or anything. Also working with google docs as a form to communicate back and forth as well.

Jamie asked about age to age, Billie answered with she has been in contact with them but they are so busy that they can' have a separate meeting we are welcome to attend one of theirs. If you want to learn google docs you can go on sat at 10 in the law enforcement center. Billie also mentioned that I am working on trying to create 2 or 3 logos for us to vote on as well as a web page. I am looking for information to put on the website. I have got our mission statement and picture. Im planning on included people's stories, but I need everyones help I can't do it alone.

Pastor stated that with the logo we need to make sure it's the right one so that way when people see it they know it's us. It gives us a symbol that people can associate with us. I also was out shopping and found puzzle piece fabric that I bought to have as a backdrop for the event. So when we take pictures we can have that as well. Hopefully get a waiver made up so if I take pictures we could post them, or have people tag our page.

Pastor said that we did not have an opportunity to apply for the Co-op Light & Power Grant. It was a grant written for \$1,500 and the time frame ran out. This will be something we will pursue on the next round I believe it's in September. That money will be used for our sub meeting to try and get programs in our area. We are trying to establish a name and a mission statement that would go along with it so we can be a hands on group and not a listening post. Part of our conversation on Monday also had to do with the closing of Waterfront Center and what it'll do to our community and those directly involved with the Waterfront as well. As most of you probably already know there was an article in the paper from the side of human services that the waterfront center will be defunded. What that means is no money for rent, utilities and salaries. Asked Jason if he had any new information on this and as of now he doesn't. It's said that they are looking for a new place later down the road and there have been planned activities at other places as well. The time frame is unknown. Pastor wants Jason to know that the sub group that is beginning is very interested in becoming the support for the such notions that it's found, and staffed. That it's open to public like it is now. Want like a board of directors that would have profinal names attached so they would have a great deal of influence in our community that would make this a stable usable facility for the community to be apart of this. The board would help organize, help fund, help train, help manage the center so it would a working success. What has happened in the past has been kind of a disconnect. There wasn't a great follow through. Because they saw a drop in numbers so figured why fund this center anymore. When there becomes a new board of director we would like to be in communication with them to help follow through so that the sub community can be an active part in all of this. Dolly added that she has been in contact with Rich about this and Matt and has a ton of questions. Dolly was told that HDC only gets the moneys for activities they don't get the monies that has be allocated for the drop in center. Dolly wants to know what is going to happen with everything in this building because if we are going to get a new center we would still need this stuff It would be nice to have everything new but why get rid of what we already have. She wants to know if it's going to be stored somewhere or what the plan is. She doesn't want to start back from square one. She has a number of other questions. Why did the county come in and take the computer and printer. Karen was ok with them taking the computer but the printer was not theirs. She was told that HDC is only getting monies for activities and 2 that the county over see this but claims to not want to be responsible for everything here. Its puzzling because where do we go from here.

Pastor wrote a letter to the county commissioner asking for an extension. Yet no one ever addressed it. When pastor call Rich he did address it at that point but no one came directly to answer the letter. There is still a supposive opportunity from the standpoint of the county commissioners that they are looking at options. We just have no idea what those are. In the meantime we have people losing income. Besides the fact we are losing a entity in our community a social entity, putting it into the Budd house is not an answer to how this center served the community. What we do know and Rich told Pastor that the money was allocated for 2016 to operate the center so that's about 20k, and with that money a small portion is going to HDC to put these programs forward at the Budd house. So pastor is wondering is the rest of the money going to be looped to what might be alternatives to waterfront or is it going somewhere else. Jason does not have enough info to answer for Human services. If we had the human servicer director that would report to us it would help short cut all the questions that we have because we are interested in these answers. We see this as a way of life actually. Not just an executive decision. Dolly added that we are allocated \$500 for the task force and we

need to have something in place so we know where the money has been going. So we can have a running total. What we know now is that if we need extra stuff done like printing, ordering stuff to give away miles to other meetings it needs to be approved by us first then the health and human services board as well. Before it can take place. Dolly was also told that Rick G. was supposed to be here today but you can see he is not.

Shana reported for Majia

Majia suggestion for moving forward on the closing of the waterfront center is to hold a public form so that the community can express their thoughts and feeling prior to the community taking action.

Pastor spoke up and said that a few of them were going to the chronicle to let them access their minds in regards to the closing of waterfront center. One of the thing that we would like to get is our own stats so we know who is affected in our area. The minnesota number is 1 in 4 people suffer with mental health. Pastor asked Karen S. from last month's min said she received \$200 from the church and he is wondering if she is able to keep that money or what it was used for. Karen replied that the money was used for a dinner. She also got some hygiene and coffee supply for the center.

Elaine reported on Budd house

They opened February 1st,2016 they have 14 residents and just trying to get things rolling. Everything is going good. Jackie offered to help spread the word on facebook and asked what info she would like posted and she mentioned that they invite any agency or anyone one that wants to provide a service to the residents. The phone number is 834-0712

Karen S. is going to donate some things for the budd house.

Good is coming to town and we would like to invite someone from there to be apart of our meetings.

Billie talked about our pens and would like to wait until we have a website. Looking at ordering 500 for about \$250, to use as a hand out for the whole year. Would like an assortment of colors.

Pastor wants something that could be at their disposal thinking about a magnate with advertising all around it. We would advertise our name. It's important to have the connections he is going to look into it and report back.

Billie stated that the other boards like what we are doing and if we go through our \$500 we can submit a request for use of theirs because they haven't used it. Jamie said we should use all extra money for the health fair.

Billie was looking on the internet and found polk county mental health and discovered that they are getting money from minnesota. Funds and grants from the state of Minnesota. Jackie said maybe we need to go to other states and ask for money.

We got the application for bay days and heritage days. Can we get a motion to send them in.

Pastor made a motion with request for dates heritage days is July 8-11 and July 8-10 for bay days. Also for the Lake co. fair. Karen S. 2nd the motion. Motion approved

Jason is going to provide some of his resources for the health fair.

Billie reported that next month we are meeting at the library. April 11th

Dolly wants added to the agenda where we are going to meet firmed up.

Jason wanted to remind us about the tour on birch tree. We are all invited to attended.

Some of the things on the table is our health fair. We need to set a date.

Dolly wants to consider having our meetings at a different time she doesn't know how important it is to have our county commissioners attend but this doesn't seem to be a good time for them.

Pastor wants Jackie to put request on facebook asking the people what would be a good meeting time so they would come.

Karen S made motion to allow Elaine to join. Judy 2nd motion approved Elaine joined our group.

Jackie would like to point out on the agenda new policies and procedures to update us. We are trying to an easier way to update us to help our meetings go smoother. We have a tendency to repeat the same things a lot. So that way everyone has a chance to say something before our meeting and nothing gets missed. So maybe the week of our meeting we could get a brief updated and then add to it at the meeting. Pastor said it would be difficult for him because for him it's being part of the meeting that makes the meeting. Dolly said maybe having the providers do the updates. I want everyone to be able to have a voice. Pastor said for me to send out a note for the provider asking for updates. So we will work on getting emails from other providers.

With facebook need to create something so people know who we are.

Jackie motion to adjourn Karen 2nd all approved. Motion passed, meeting adjourned

Min done by Jackie