

Mental health task force meeting April 11th 2016

Billy called meeting to order at 11:16 a.m. Read our mission statement. We took roll call people in attendance were Jackie, Jamie, Maija, Jason, Karen Lisa Pastor Samentha, Emily, Dolly, Shana, and Elaine.

Any changes to the agenda? Can we get motion to approve the agenda. Jackie motion to approved. Karen second the motion. motion carried

Are there any changes to the minutes? Can we get a motion to approve minutes? Pastor motion to approve the March minutes. Jackie 2nd motion, motion carried.

Jamie update on children's mental health: There will be a Moc crash course at the Two Harbors High School, on may 3rd, about texting and driving for 6-12 graders. There is going to be 20 min left at the end and she is proposing that we find a speaker to talk about the after effects. Like how to deal with it after things are done and over with. Maybe let kids know of services that are provided. Billie agreed that we need something. Maybe Accend or HDC?

Jamie will talk to the school and talk to see who can be there and let us know.

We are trying to plan a day for super one survey questions, thinking on May 13th from 1-5 and looking for questions to ask as well as volunteers to sit there. So maybe we all could think of a few questions and email them to Jamie so she can get it written up. Questions like what is working what isnt? Do you feel safe going to the hosptial? Kinda like a needs assessment. Majia is willing to help, Shana said she might be able to as well.

Pastor updated on the sub meeting:

We are continuing our conversation about:

- 1) A logo for the Task Force
- 2) The amounts of money needed to participate in Bay Days, Heritage Days, the Fair, and a Health Fair
- 3) A promotional advertising hand out i.e., pen, magnet, ??
- 4) May in Mental Health Awareness Month.

From our meeting on April 4th, the following occurred:

- 1) Jamie reviewed the success of "Autism Awareness Day" on April 2 at the Theater. What a great event! And kudos to Jamie. Applaud! Applaud!!! Let's do this again as an annual event.
- 2) We heard from Jodi on "Family Voices" a parent run organization dealing with help and support to parents with children and youth who have special health care needs and disabilities. The organization endeavors to keep families at the center of health care. Jamie has been a partner in Family Voices these past years and brings to our table an invitation promote Family Voices by way of our conversations and connection; and also an invitation to others who have children or youth in need to become an advocate and join the network. Family Voices has determined that 20% of all MN families with children have at least one child with special health care needs and that there are about 180,000 children and youth in MN with care needs and disabilities. If one wants to be a parent to parent support team member, email Jodi at jodi@familyvoicesofminnesota.org. We thank both Jamie and Jodi for bringing this very important need to our attention.
- 3) Other topics presented for review and discussion included a) the Task Force Logo; b) a magnet promoter; c) the next step involving the Water Front Closure; d) a article describing funding: the Mental Health Initiative re: Faith Clark.
- 4) We discussed how our MHTF will demonstrate that May is Mental Health Awareness Month i.e., media articles thru-out the month; posters around town; etc. But, we will be best equipped for this mission if we have numbers... numbers of people in Lake Co or MN (for that matter) who have mental needs and challenges.
- 5) Finally, we continued discussion on Water Front and putting on a day for organization planning.

In attendance: Billie, Jackie, Dolly, Karen, Lisa, Shana, our guest speaker: Jodi, and Pastor. This portion of the minutes is being submitted by Pastor Rudloff, and in consideration, thanking every member of the Task Force Sub Committee for their input, dedication, compassion, and determination to make a

difference in our County regarding the health and wellness of our citizens and especially those challenged with mental concerns.

Also talked about the magnet idea. Getting health care resources it maybe able to hold up to 20 adds, we have 33 servises in our area. He is going to get more info and report at the sub meeting.

The question on the table regarding the waterfront center?

The county is pursuing some kind of setting. The sub committee would like to be more involved we need to set a day to talk about the waterfront center.

Jackie and Jamie will put a survey on facebook on the need for waterfront center and see if we can get consumer input on our end. We will ask on a scale from 1 to 5 how has the closing of waterfront impacted you? And add comments Also would there be a need for an activities center?

The mobile crisis center got more funding that's good to hear..

We need to get paper info out to our consumers on how to access facebook.

We need to find out what services are lacking? Dolly said Suicide is a big one

Jamie made motion to adjourned our meeting Jackie 2nd Meeting Adjourned...

Thank you all for coming your input is appreciated
Minutes submitted by Jackie Olson